

MAKEUP

## 10 Foundations for the Most Youthful Skin of Your Life

*Fill in wrinkles, airbrush age spots and give dehydrated skin a dewy finish with these amazing, decade-erasing foundations*

by AMANDA MONTELL | 1 COMMENT

The search for the perfect foundation is a constantly evolving quest. "As women age, they need to adjust their makeup products and application accordingly," says Jill Glaser, makeup artist and owner of Make Up First School of Makeup Artistry in Chicago.

Once the plump (sometimes oily) skin of your 20s and 30s fades away, a new set of skin care challenges comes into play. Women of color start to see uneven skin tone caused by acne and melasma, while fair-skinned women of a certain age begin to deal with "discoloration, broken capillaries, fine lines and wrinkles caused by history of sun exposure," explains Dr. Rebecca Kazin, MD, an assistant professor of dermatology at Johns Hopkins University.

When skin loses elasticity, pigmentation and moisture with age, hydration becomes key. That means tossing your mineral makeup and pressed powders, which dry out the skin, and making water-based liquids your new BFF.

But that's not all. If you don't already, pay special attention to what you put on your face *before* your foundation. Moisturize your skin to keep it firm and nourished, and always use primer before applying makeup. Celebrity makeup artist Victoria Duke recommends silicone-based primers, which set and fill in the skin, so your makeup won't settle into fine lines or slip off throughout the day. (Try Boots No 7 Photofix Filler & Primer, \$19.99.)

Now you're ready for foundation. We rounded up the 10 best dermatologist- and makeup artist-approved products for plumping, clearing, smoothing and otherwise making your skin look like the last decade never happened.

*Photo courtesy of: Collage of Life*

